
ALTZAR's Mantras... 2009

1. I call upon the Light of the Rainbow Ray to ground, balance and protect me in all time frames and all realities.

To the 6-body system. Repeat 3 times to each of the 5 bodies (1. Physical; 2. Emotional; 3. Mental; 4. Spiritual; 5. Ego). Actually, it is a 6-body system, the 6th being the Luminous or Light body.

2. I invoke the Light of God within you. You are a clear and perfect channel. Light guides you.

Stand in front of the mirror first with eyes **closed** and say... (repeat with eyes **open** and with eyes **peering deep into your soul**):

3. I know who and what you are, Altzar, and I give you praise and thanks.

4. I no longer use this body for illness, disease or stress of any kind.

State intention and manifest your destiny...

5. I set my intention to... **not stray from the path of enlightenment as the Creator lets me see it.**

6. I invoke the Light of God within. I am a clear and perfect channel. Light guides me.

These mantras should be said every day. Given to Altzar by Star Kumara (2/25/09)

The ALTZAR Poem



("Dancing Stars" - Sirius A & B)

ALTZAR

I am a child of the Original One,
I am a ray of the Original Sun,
I am Wholeness, I am Love,
I am a Rainbow Giver,
From Dogon Star,
I am Altzar.

ALTZAR's updated Mantras... 2011

The following mantras were given to me by Star Rising on April 19, 2011:

1. I surround everything with white, pink and golden Christed light, and I thank God in advance.
 2. I set my intention to exist in love, balance and harmony with all and for all.
-

- The Native American spirits, **White Eagle** and the **Female White Buffalo Calf Goddess**, also asked to talk to me. The White Eagle installed a new **solar chakra** which will allow me to draw power from the Sun and beyond the Sun so I can move into a cosmic ascension as a galactic citizen, not just a planetary one.
- The White Buffalo Female Calf Goddess said she wanted to give me a gift for my heart. She installed in my heart the Breath of the Deer which will act as a source of Universal Love. "With your every inhale, you will receive divine feminine birthing energy," she said. "With your every exhale, you will project powerful male energies onto others."