

BOB's NOTES FROM CHanneled SESSIONS -

taken during Linda and Earl Backman's workshop in Inch, Ireland
Oct 14-16, 2011

CONFIDENTIAL EXCEPT FOR THOSE WHO PARTICIPATED IN THE WORKSHOP

This is unedited information, transcribed directly from my handwritten notes. My comments or clarifications are shown in *italics*.

Earl's First Channeling of Light Beings - 10/14/11 - morning

- Many of you know things that you refused to admit to know.
- Reluctance to accept who you truly are at the soul level.
- Some of you who live close also had to "journey" (*an obvious reference to the adventure Francois and Carmel experienced, along with Stephanie and Martin*)
- This gathering is about the journey, not the destination
- Your challenge is - walking your soul's purpose path - in community and on your own - to explore why you are in a body.
- Some of you come from other celestial bodies. Al came here to assist in the evolution in the planet.
- Others had also incarnated elsewhere in the universe. We call you "celestial travelers."
- We are here at the request of Masters Jeshua and Maitreya.
- Your focus needs to be on the PRESENT. The past is only important as to how it affects you TODAY.
- You are all enlightened human beings in the process of deletion, intention and ascension.
- You are all here to be of service, following the guidance you receive.
- You cannot move forward without deleting what you have brought forward from the past. Until you delete those karmic issues, you are blocked from fully realizing your soul intentions. Deletion moves you farther on the ladder of ascension.
- Here are some issues to deal with:
 - FEAR - keeps you stuck and paralyzes you.
 - When you are in a place of fear, you block your guides' ability to communicate with you. It's the reception problem.
 - Information flows into the intuitive side of you; it flows into your 3rd eye.
 - Accept the information without trying to make sense of it.
- Where land meets water (*such as at Inch*), there is a great deal of energy.
- Life gets more complex as you ascend the ladder of ascension.
- "Why" questions are not particularly useful. "What is the meaning of this?" - is.

Sharon's First Channeling of Master Kuthumi - 10/14/11 - morning (he is the [2nd ray Chohan](#)).

- Difference between individual and humanity's evolution.
- What we need to bring forward is an equality of importance of each of the processes:
 - a. Incarnation
 - b. Life between incarnations
 - c. Planning for the next incarnation
- You should ask yourselves the question: "What can this group do to aid each other as a group to move forward?"
- You should also ask what happened between the (incarnated) lives?
- As you evolve, you must be alert to the opportunity of the unexpected.
- You should be anchoring an effective and useful concept of incarnation.

This is where I asked Master Kuthumi the question: "What other means do we have, besides regression, to find out about what happens between our lives?"

- He replied:
 - a. Communicating with your own soul
 - b. Communicating with your guides
 - c. Your meditation practice
 - d. There is a fourth way, too, "but it is not yet ready for release," he said. "It is almost ready."

Linda Channeling of Lord Maitreya - 10/14/11 - afternoon session

- You (collectively) are much too shy to share.
- This group has great power.
- If you choose, you could serve as a group a higher purpose.
- He also asked for Michael to join us.
- Each of you needs to speak - allow yourself to be channels - allow the Spirit to speak through you.

END OF FIRST DAY'S CHANNELING

Earl's Second Channeling of Light Beings - 10/15/11 - morning

- In the introduction, the light beings said they want to talk about soul agreements.
- Besides agreements, you also have an overriding purpose that transcends each lifetime.
- You are all here TO BE OF SERVICE. That's the overriding purpose.
- It is possible to renegotiate your soul agreements for a lifetime. Your guides like it when you take on more. [laughter]
- Some of you might be high achievers. Some die relatively young, after fulfilling their soul agreements [*I wrote down Steve Jobs at this point as a case in point*]
- Many of you renegotiate for an extra credit assignment.
- Often, that added bit is challenging,
- In some peoples lives, everything is traumatic, or there are physical handicaps.
- You get no extra stars for determining your soul agreement at the age of 40, rather than, say, 60.
- Some of you need more time because you've set a big soul agreement.
- Every part of your life prepares you for fulfilling your soul agreements.
- Channel your guides, **use your intuition, and trust that information** [*emphasis added*]
- The key to understanding your soul agreements is to look at your PASSIONS. What are you the most passionate about?
- It's all about ACTION, not just about acquiring information.
- Action is often resisted by others and can be challenging.

This is where I asked the question about karma vs. dharma. Ahtun Re had told me that karma is merely context whereas dharma is substance. So I asked the light beings to comment on that.

- You can call things what you will, they said, but you bring forth ISSUES you need to work on. Often times, the obstacle is FEAR. Frequently, it comes from past experiences in this lifetimes, or from past lifetimes.
- **The chaos that is currently existing on planet Earth is planned. Change is coming. A major restructuring of wealth and relationships is planned by the Hierarchy.** [*emphasis added*]

Sharon's First Channeling of Master Hilarion - 10/15/11 - morning (he is the [5th ray Chohan](#)).

- First, Master Hilarion spelled his name saying he was doing it "for Bob's benefit." [*guess he must have seen me taking notes, or somehow figured I did not know how to spell it. He was right about that, too.*]
- He said that his task as the Lord-Master of Science and Technology (5th ray souls) is to prevent Atlantis from happening again.

- Humanity at the time of Atlantis was a little more advanced than we are today. Through misuse of technology, they ruptured the partnership between the Devic Kingdom / Angelic Kingdom and the human beings.

[Sharon's clarifications: 1. Human beings learned the words of power that controlled the elementals (those in the Devic/Angelic Kingdom that actually build things like chairs, tables, trees etc) and put them to work -- i.e. dark magic. I'm sure there were other abuses, but that is one that comes to mind].

2 -- Deva / Devic are Sanskrit for Shining Ones. In English it's the Angels. Same beings/same kingdom, different names.

3 -- Social networking put to destructive purposes: the harassment that takes place on Facebook, pornography, those sorts of issues that surface every now and again in the headlines like a teen harassed into suicidal state.

My own clarification: What I do know from another source - Apu Huaskaran - one of my benefactor Andean mountain spirit guides - is that the Atlanteans were tinkering with technology trying to create perpetual spring (weather, not an object]. Something went wrong and the whole continent disappeared in four days]

- Humanity is again at the same point. How to use technology is key.
- Social networking is being put to very destructive purposes. *[someone please enlighten me re. this: Is he talking about the Arab revolutions, which is the only destructive thing that comes to my mind?]*
- Survival of the human race is at stake. We are looking forward to **spiritual maturity**.
- **We do have free energy, but it is not safe to release it to humanity.** *[emphasis added]*
- Your work (as a group?) has to do a lot with that (survival of the human race).
- In the **Age of Aquarius, we will be working in groups of people, not as individuals**, such as in the Age of Pisces. *[emphasis added]*
- We are hoping that this group of people is one we could work with.
- Gun powder (invention) can be put to use as fireworks or bullets. *[guess his point is that the former is harmless while the latter is destructive. Either way, we have a choice].* Each (choice) contributes to spiritual maturity of humanity.
- You can make a difference in the survival of humanity.
- He then commented about "Bob's and Elizabeth's journey along the spine of Europe as an example of service work for the benefit of humanity. Just keep in mind that you are a part of the group," he added.
- There will be chaos during the transition from the Age of Pisces (individualism) to the Age of Aquarius (groups).
- There will be **dissolution of institutions which no longer serve.** *[emphasis added]*
- It is time to reestablish the relationship between the Devic kingdom of humanity and the Angelic kingdom.
- We must develop control of the INTUITION. That is the next phase for humanity.

- And we should rebuild the relationship between humanity and the Devic kingdom of the Earth spirits. *[guess kind of the way the shamans work?*
- Mother Earth is an expression of an immensely powerful being, Humanity and Devic Kingdom are a part of her.
- Mother Earth is out of balance.

END OF SECOND DAY'S CHANNELING

Earl's Third Channeling of Light Beings - 10/16/11 - morning

- Words of wisdom spoken here were guided.
- Messages come from your soul to the intuitive side of you physical body.
- It is your MIND that prevents you from accessing that information. So you must get (it) out of the way.
- You all came together now as "friends who have met."
- Your collective energy will radiate and touch myriads of people in your locations.
- See yourselves as a large amoeba, touching, affecting, influencing... resulting in a spread of UNITY OF CONSCIOUSNESS which you have created in this place.
- You leave not just with your personal energies. Your energies have been expanded by your interaction with each other.
- This is what is needed for a COLLECTIVE SOUL EVOLUTION.
- Accept the mantle of responsibility that each of you enlightened beings have to be of service to humanity.
- It gets more challenging as you get closer to the top of the mountain.
- There are no setbacks, no failures, only progress. Sometimes progress is slowed. That's the time to go inward to learn what is slowing you down.
- **You are all here because you have accepted the responsibility to the Hierarchy to be of service.** *[emphasis added]*
- **We come to you from a place of Love, Hope, Compassion, Acceptance and Understanding.** *[emphasis added]*
- Energetically relate to each other always from those five positions, especially to those with whom you have difficulties.
- You have all of your chakras open. Meetings like these create opportunities for cleansing your bodies, including the chakras.
- Many of you need to work on your Heart chakra. You must be willing to be **vulnerable** *[emphasis added]*, to deal with fear that keeps you from being vulnerable.
- You cannot build group consciousness, cohesion and unity if you're not allowing yourself to be vulnerable.
- You must get out of place of fear. When that happens, the heart expands. You truly begin to walk your soul intentions.

- Your guides will help you from walking off the cliff.
- Everything that happens to you in life becomes a LESSON TO LEARN FROM. It is neither positive nor negative.
- Those who are not here are not meant to be here. [*ex. Polona?*] You are.
- Go forth from here feeling changed, feeling empowered. You have the group energy that empowers you even more than your own energy.
- **Groups like can, in fact, change the world.** [*emphasis added*]
- The Masters understand you and stand behind you.
- It is going to be a lot worse before it becomes better. Because change has not reached the power structure of the world.
- Uplift those who are afraid. Use your power to enlighten them. Manifest your passion. Believe the time is now (to ACT).
- Then you need to do the heavy lifting. If you act from a place of passion, you will be guided. Trust yourself and your guides.

Then the light beings blessed us all.

- They urged us to assist the planet, and by that, not just the environment.
- You cannot fail. You will have what you need when you need it.

Q & A SESSION

Q: Why have the ET's come to planet Earth at this time?

A: Many of you have children and grandchildren who are ET's. These individuals, including some in this room, come for the highest reason - to help humanity advance. More help is coming. Because the celestial community want to see the Earth survive. Universe is filled with dead planets which the inhabitants destroyed themselves.

Some of you are "celestial travelers," bouncing all over the universe while incarnating on Earth every 500 years or so.

Many autistic children are ET's. They come from places in the universe where beings don't talk. Everything is telepathic.

- The light being also said that they were amused that so many people believe that this is the only place where life exists. "If we had heads, we would scratch them," they joked.

END OF THIRD DAY CHANNELING

END OF WORKSHOP